

Shinkondo Dojo



Shinkondo Dojo – Covid Safe Plan

Covid 19 Health and Safety Plan

On Friday 3rd of July 2020 at 12 noon Queensland moved to level 3 Covid 19 restrictions. This plan outlines the steps taken by Shinkondo to comply with [Industry Covid Safe Plan for Indoor Sports](#). This plan will stay in effect until Covid Restrictions are removed or ramped up and will then be evaluated to ensure compliance.

Version 2.0

Dojo Details

Dojo Name: Shinkondo Dojo	Dojo Manager Approval:
Date Completed: 05/07/2020	05/07/2020
Date Distributed: Upon request	Dojo Manager Name:
Revision Date: 05/07/2020	Nathan Harris

Concern	Actions	Responsibility
Opening and Operational Protocols		
Check to ensure dojo can open	<ul style="list-style-type: none"> Dojo manager consult advisory notices on Queensland Return to Play website. Review regularly. Consult with Kurilpa Scouts about status of the venue Comply with the Industry Covid Safe Plan for indoor sports Confirm insurance coverage 	Dojo Manager
Briefings and instructions	<ul style="list-style-type: none"> All students and visitors are to be briefed on the location of the hand sanitiser station, informed not to use the water fountain, instructed on distancing requirements, informed as to which seating can be used and shown where to provide name and contact details. Inform all attendee that contact activities are limited to the mat (field of play) and distancing must be maintained in all other areas. Emphasise AIS Framework principle of "Get in, train, get out". Arrive ready to train. Encourage students and visitors to download the Covid Safe App 	Instructors
Hygiene and Contact Tracing Protocols		
General	<ul style="list-style-type: none"> All students and visitors must use hand sanitiser on entry and exit of the dojo All students and visitors must sign in on entrance to the dojo and provide contact details to support tracing process if necessary. Students and visitors must not attend training if unwell or displaying any Covid 19 symptoms or awaiting results of Covid 19 testing No social events will be held at the dojo while Covid 19 restrictions are in place. Recommend attendees bath at home before and after training. No clearing nose, no spitting, cough into the elbow Launder own training uniform/clothing and wash personal equipment after each training session 	students, instructors and visitors

	<ul style="list-style-type: none"> • No sharing of personal equipment. Shared community equipment sanitised before and after use 	
Social Distancing	<ul style="list-style-type: none"> • All students and instructors to maintain 1.5 metre distance from each other at all times when not on the mat (field of play). • No physical greetings (i.e. hand shaking, high fives etc.) • Avoid touching of eyes, nose or mouth • Do not permit personal equipment on surfaces. Personal equipment bags should be arranged to permit physical distancing of participants (>1.5 metres) • Limit total number of people in the venue to 20 at any time (base density of 4m² per person). • Those not on the mat (field of play) must remain 2m from the mat at all times. • Visitors and parents may remain in the dojo but must adhere to social distancing requirements (1.5m distance from others), up to the limit of 20 people total in the hall (including students, instructors and visitors). Once limit is reached additional visitors or parents must wait outside the venue. 	All instructors and students and visitors
Hygiene activities (Dojo)	<ul style="list-style-type: none"> • Items that can be effectively cleaned after training will be. I.E. weapons and training tools to be cleaned with alcohol. • Hand sanitiser to be made available to students for use at the start and end of class (as per requirement for sanitisation station). • Students to be encouraged to bring own equipment where possible. • Where dojo equipment (E.G. swords and staves) needs to be shared they will be cleansed before being passed to the next user. • Comply with cleaning requirements of Kurilpa Scout group 	Instructors
Socially Considerate Actions	<ul style="list-style-type: none"> • If feeling sick do not attend training (students and instructors) • If members of your household are sick or awaiting Covid 19 test results do not attend class. • If a student attends who is clearly sick they will be instructed to go home. They will be requested get themselves tested and inform the dojo manager of the outcome. Dojo members in attendance will be advised to undergo testing. • If undergoing Covid 19 testing inform dojo manager and do not attend training (students and instructors) • If found to be Covid 19 positive inform dojo manager and do not attend training (students and instructors) • If any member of the dojo who has attend training undergoes testing or is diagnosed with Covid 19, inform all members of the dojo so that all dojo members can take appropriate action (students and instructors) • If you have attended training in the last 14 days and a member of your household is awaiting Covid test results or has been diagnosed with Covid19 inform dojo manager. 	Students and instructors

Positive case of Covid 19 in the dojo community	<ul style="list-style-type: none">• Dojo will immediately close• All students will be informed, advised to be tested and asked to self-quarantine for 2 weeks.• Kurilpa scout group will immediately be informed• The hall and dojo equipment will be cleansed with disinfectant• Dojo will no reopen until all students who may have come in contact with the person who originally tested positive have themselves tested negative after 2 weeks.	Students, instructors and dojo manager.
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